June 11, 2015.

**New Deem House Captain**

![Anna Sorensen with her certificate](image1)

**Congratulations**

After a rigorous application and interview process Anna Sorensen was recently selected as the new Deem House Captain. Well done Anna.

**Student Principal For A Day**

Victorian Barnett was selected as the 2015 Student Principal For A Day, from a field of about twenty hopeful applicants who wrote persuasive letters of application and participated in a rigorous interview process.

Victoria had a very busy day as student principal. She organized the school assembly, distributed birthday cards to students celebrating their birthdays this week, helped facilitate the school’s Parkers Playgroup program, hosted a morning tea for the staff to thank them for their hard work and dedication and visited all of the classrooms in the school.

![Victoria Barnett](image2)

**Principal Barnett!**
Cross Country Champions

Big congratulations to Julia, Shiann, Cameron, Elli, Hayden, Jye and Milly who recently competed at the Casey South cross-country competition at Casey Fields. They all did a wonderful job and tried their best. Special congratulations to Hayden who placed second in his event and now goes on to compete at the Southern Metropolitan (Primary) Region 2015 Cross Country. All the best for this race Hayden.

2015 Camp

Students in years 3 – 6 recently participated in a camp at Phillip Island. They had a great time and enjoyed a wide range of activities.

Many thanks to the children for their wonderful behaviour on camp. Also, a HUGE thank you to the staff who attended the camp. Without your generous donation of your time, we would not be able to offer this great experience to the students at our school.
Lost Property

Please check the Lost Property cupboard if you believe that you are missing any items of uniform.

The uniform cupboard is regularly sorted and named items are returned to their owners. Please take the time to check that your child's name is clearly visible on all uniform items. This will ensure that anything that is misplaced will be promptly returned!

Sick Children at School

There are currently lots of bugs around.

Unfortunately, we have recently had some obviously sick children sent to school. Remember, the best place for a sick child is at home where they can receive the TLC they need. If they are sent to school they risk the danger of becoming sicker and they also pose a possible health risk to other students with whom they come into contact. Our sick bay is not a place where children can have a rest or lie down until school ends and it cannot cater for long term “holding” of sick students.

Semester 1 Student Reports

The semester 1 student reports and semester 1 attendance certificates will be distributed on Wednesday 24 June 2015.

We have many split families at our school. If you require an additional copy of your child / ren’s school reports due to these circumstances, please contact the school and leave your name and address. A copy of the relevant school report will be forwarded to you.

Head Lice

Thank you to all of those members of our school community who have continued to be vigilant in regularly checking (and treating when required!) their children’s hair for head lice. Following is some information about head lice.

About head lice
Head lice have been around for many thousands of years. Anyone can get head lice and given the chance head lice move from head to head without discrimination.

- Head lice are small, wingless, blood sucking insects.
- Their colour varies from whitish-brown to reddish-brown.
- People get head lice from direct hair to hair contact with another person who has head lice.
- Head lice do not have wings or jumping legs so they cannot fly or jump from head to head. They can only crawl.

Finding head lice

Lice can crawl and hide. The easiest and most effective way to find them is to follow these steps:

**Step 1**
Comb any type of hair conditioner on to dry, brushed (detangled) hair. This stuns the lice and makes it difficult for them to grip the hair or crawl around.

**Step 2**
Now comb sections of the hair with a fine tooth, head lice comb.

**Step 3**
Wipe the conditioner from the comb onto a paper towel or tissue.

**Step 4**
Look on the tissue and on the comb for lice and eggs.

**Step 5**
Repeat the combing for every part of the head at least 4 or 5 times

If lice or eggs are found, the child's hair should be treated.

Head lice eggs are small (the size of a pinhead) and oval. A live egg will 'pop' when squashed between fingernails.
The Life Cycle of Head Lice

1. Egg is laid on hair shaft. Egg is called a 'nit'.
2. Louse emerges after 6-7 days.
3. First moult 2 days after hatching.
4. Second moult 5 days after hatching.
5. Third moult 10 days after hatching.
6. Emerging from their third moult as adult lice, the female and slightly similar male begin to reproduce.
7. Female lays first egg 1 or 2 days after mating.
8. Female can lay approximately 3 to 8 eggs per day for the next 16 days.
9. Having lived 32 to 35 days the louse dies.

Treating head lice

- Concentrate on the head - there is no evidence to suggest that you need to clean the house or classroom.
- No treatment kills all of the eggs so treatment must involve two applications seven days apart.
- If you are using lotions, apply the product to dry hair.
- There is no need to treat the whole family, unless they also have head lice.
- Only the pillowcase requires specific laundering; either wash it in hot water (at least 60 degrees centigrade) or dry it using a clothes dryer on the hot or warm setting.
- There is no product available that prevents head lice. Using the conditioner and comb method once a week will help you detect any head lice early and minimize the problem. Tying back long hair can help prevent the spread of head lice.
- Combs with long, rounded stainless steel teeth positioned very close together have been shown to be the most effective; however, any head lice comb can be used.

Many people find that adding a few drops of lavender essential oil and / or tea tree essential oil to your normal shampoo and conditioner is an effective preventative measure. Give it a go if you’re having trouble with head lice!
SunSmart Update: UV Below Three – Safe to Get Some Vitamin D

As schools and early childhood services across Victoria prepare for the onset of the cold winter months, SunSmart is encouraging everyone to get some sun exposure during their week to help with vitamin D levels.

Although ultraviolet (UV) radiation from the sun is the main cause of skin cancer, it is also the best natural source of vitamin D, essential for strong bones, muscles and overall health. Whenever UV Index levels reach three and above sun protection is required. At that level, UV radiation is intense enough to damage the skin and contribute to the risk of skin cancer.

In Victoria, average UV levels are below three between May and August, making it a great time to get outside for some sun to help with vitamin D levels.

At this low level, the UV is generally not damaging to the skin and sun protection is not required unless in Alpine areas, near highly reflective surfaces such as snow or if you are going to spend extended periods of time outdoors.

Children and young people with fair to olive skin should receive two to three hours of sun exposure to face, arms and hands, or equivalent area of skin spread across a week.

Children and young people with naturally very dark skin will need approximately three to six times this recommended exposure level.

Given that UV levels vary across the state, SunSmart recommends checking the SunSmart UV Alert for your region each day to make sure UV levels are below three.

UV levels for your area can be found by visiting the SunSmart UV Alert in the weather section of your daily newspaper or at: www.sunsmart.com.au/ultraviolet_radiation/sunsmart_uv_ale

For further information, contact SunSmart on 9635 5148 or www.sunsmart.com.au

SchoolMate App Launched!

The Department of Education and Training has released an App which is designed to help you better understand the curriculum we use to teach your children every day.

The App, called SchoolMate, is available for free download now in the App Store for iPhones and iPads and in Google Play for Android phones and tablets.

SchoolMate gives you a general overview of the Victorian curriculum in each subject at each year level and:

• Provides you with an overview of what your children are learning in each subject at each year level according to the Victorian curriculum (AusVELS)

• Provides you with tips regarding activities and things you can do at home to help your kids in each subject and year level

• Suggests apps, books, events and activities related to each subject area and year level.

Our school, like all other government schools in Victoria, uses AusVELS as the basis for the learning programs we run at school every day.
Our teachers adapt the curriculum to meet the needs of our students and community, for example, designing learning programs around what your children are interested in, or around days or celebrations that are important to our community.

SchoolMate is designed to give you an overview of what children are expected to learn in Victorian government schools across every subject from Prep to Year 10.

I encourage you to download SchoolMate and to please talk with your teacher or myself if you are interested to find out more about how our school teaches the curriculum.

**End Of Term Dismissal**

School concludes for term 2 at 2.30p.m. on Friday 26 June. An end of term assembly will be held in the gym, commencing at 2.15p.m. As always, parents and friends are warmly welcomed.

Term 3 commences at 9.00a.m. sharp on Monday 13 July.

**Dates to Remember:**

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<thead>
<tr>
<th>Date</th>
<th>Event</th>
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<tbody>
<tr>
<td>June 15th</td>
<td>Hot Food Lunch – money due by 3.15pm June 12th</td>
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<tr>
<td>June 23rd</td>
<td>Year 3 /4 Scienceworks Excursions</td>
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<tr>
<td>June 26th</td>
<td>Term 2 concludes</td>
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<tr>
<td>July 13th</td>
<td>Term 3 commences</td>
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<tr>
<td>July 24th</td>
<td>Swimming commences</td>
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**REMINDER**

Application Forms to claim the Camps Sports Excursions Fund (CSEF) money must be returned to the office by 24th June 2015.

Please provide a copy of your card otherwise your Application cannot be processed.
Government Funding Available*

Certificate III and Diploma of Early Childhood Education and Care (CHC30113 and CHC50113) now includes First Aid course
Certificate III in Aged Care and Certificate III in Home and Community Care (CHC30212 & CHC30312)
Certificate IV in Disability (CHC40312)
Certificate IV in Community Services (CHC40708)

reception@tmbtraining.com.au
Level 1, 7-9 Bakewell St, Cranbourne VIC 3977

People from diverse backgrounds and/or with a disability are encouraged to apply. *Eligibility criteria apply. Funded by the Victorian and Federal Government. ^Terms and conditions apply. TID: 212091 ABN 95 101 444 843

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Dads Matter Campfire Night

Calling all Dads, Grandfathers and father figures

Bring your child along to the Dads Matter campfire night for a night of fun with your child dancing and drumming around the fire pit.
There will be Wurundjeri dancers, African star dance and drumming band, and a free sausage sizzle.

Date: Thursday 18 June 2015
Time: 6.00 pm to 9.00 pm
Where: The Friendship Wall, Rear of Balla Balla Community Centre, Building 3, 69 Berwick-Cranbourne Road Cranbourne East (next door to Cranbourne Library)
RSVP: Wednesday 10 June to City of Casey on 9705 5200 or dadsmatter@casey.vic.gov.au

Free entertainment and sausage sizzle!
AMES provides specialist English support to:

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- Learn basic computer skills
- Help improve your job search and interview skills
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www.ames.net.au

The AMEP is based on accredited curricula delivering 10361NAT Course in Preliminary Spoken and Written English, 10362NAT Certificate II in Spoken and Written English, 10363NAT Certificate III in Spoken and Written English, 10364NAT Certificate IV in Spoken and Written English. AMES is a Registered Training Organisation TOID 0050. The Adult Migrant English Program (AMEP) is funded by the Australian Government.

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