February 18, 2016

CONGRATULATIONS TO OUR STUDENT LEADERS FOR 2016

James House Captains: Chloe and Shanalie

Poole House Captains: Charlee and Makaveli

Deem House Captains: Sahar and Lucas

Wood House Captains: Dorothy and Torri
Our School Captains:
Haylee, Valbona and Prathana

Our Peer Mediators:
Back row: Lavanya, Jashan, Elazae, Jordyn
Front row: Victoria, Divya, Albert, Dylan

WHITE RIBBON LAUNCH
Thank you to everyone who participated in our White Ribbon launch last Monday. A special thanks to all those who wore something white to mark the event.

FAMILY FUN NIGHT

What a great time was had by the participants at this year’s Family Fun Night. There were lots of fun activities including egg and spoon races, tug of war, a handball competition, sack races and tunnel ball. There were delicious sausages in bread and Zooper Doopers and drinks.
EVERY DAY COUNTS – SCHOOL ATTENDANCE

We all want our students to get a great education, and the building blocks for a great education begin with students coming to school each and every day.

Missing school can have a major impact on a child’s future – a student missing one day a fortnight will miss four full weeks by the end of the year. By Year 10 they’ll have missed more than a year of school.

There is no safe number of days for missing school – each day a student misses puts them behind, and can affect their educational outcomes.

Coming to school every day is vital, but if for any reason your child must miss school, there are things we can do together to ensure they don’t fall behind:

- Speak with your classroom teacher and find out what work your child needs to do to keep up.
- Develop an absence learning plan with your teacher and ensure your child completes the plan.

Remember, every day counts. If your child must miss school, speak with your classroom teacher as early as possible.

If you’re having attendance issues with your child, please let your classroom teacher know so we can work together to get your child to school every day.
EATING ARRANGEMENTS

Students eat their play lunch and lunch in the classroom under teacher supervision. No wrappers are to be taken outside. **HEALTHY EATING**

One of the ways in which parents can assist in optimizing student learning is by ensuring that their children commence every day with a healthy breakfast, and have a nutritious lunch each day.

*A healthy breakfast.* Eating a breakfast high in fibre can reduce fatigue and the risk of illness. Children who skip breakfast may lack sufficient vitamins and minerals and are more likely to make poor food choices for the rest of the day and in the long term.

*Tap into water.* Water is important to have at school to help with hydration and concentration throughout the day, particularly in the summer months. Having a water bottle and refilling it throughout the school day helps avoid symptoms of dehydration such as headaches, dizziness, nausea, and fatigue, which can distract students from optimal learning.

*Packing a healthy lunch.* Healthy lunches and snacks are important for children and help with concentration and learning. We know that kids need plenty of wholegrains, fruit, vegetables, dairy, protein and water and occasional foods such as crisps, cakes and chocolate should be limited. Encourage children to be involved in preparing their lunch and making choices about what foods to include.

*Energy Drinks.* In recent years, an increase in consumption of energy drinks containing caffeine has led to concern by teachers and parents of the possible effects of caffeine on children. They are afraid that caffeine will make their children behave in ways that are unusual or harmful for them. The Australian Consumers' Association advises that while energy drinks may be scientifically safe, young people especially need to be aware of their contents. Research shows that children and young people who consume energy drinks may suffer sleep problems, bed-wetting and anxiety. Children who consume two or more cans of energy drinks a day may become irritable and anxious. We request that energy drinks not be brought to school for consumption at school. Thank you for your support in this matter.

COMPLAINTS PROCEDURES

At times parents may have concerns they wish to take up with the school. Please raise the matter with the school via telephone or written communication, remembering that you have one side of an issue, others will have another side. We encourage parents to raise issues so they can be dealt with speedily and resolved to the satisfaction of all concerned.

We aim to solve any problem speedily and amicably. If a concern relates to a classroom issue the best procedure is to contact the class teacher and organize a meeting at an agreed time. You can always follow up your concern with other people in the school later.

If an issue is of greater concern feel free to contact the appropriate Level Leader.

- **Level 1** - Mrs. Caroline Tisseverasinghe
- **Level 2** – Miss Alisha Bell
- **Level 3** – Mrs. Di Ballard
- **Level 4** – Mr. Mark Nolan

If your issue is not resolved, please contact a member of the Leadership Team – Mr. Colum Hughes, Mrs. Kerri Harridge, Mr. Steve Condon or Mrs. Sue Jones to arrange a mutually convenient time to meet and discuss the issue or concern.
When making an appointment to discuss an issue or concern, please let the person with whom you are meeting know what is going to be raised as this can save time later. After the meeting you may need to:

- be prepared to monitor the situation with follow up phone calls or meetings
- be available for further discussions with appropriate people at school
- consider involving the support of outside agencies such as guidance officers or social workers. This can also be arranged through the school.

If the matter is still unresolved you may seek advice from the regional office, phone 8765 5600. The role of the region is to provide additional advice, support and feedback to the school in seeking a positive solution.

All issues and complaints ultimately must be resolved at the school level and the Principal is the key person in seeking a satisfactory outcome. We are committed to seek a resolution to all concerns sensitively and with a commitment to listening and responding positively to all your concerns.

**STUDENT SAFETY: STAFF CAR PARK**

Please note, the Staff Car Park must not be used as a drop off or collection point at any time. Safety of our children is everyone’s responsibility.

**STUDENT ACCIDENT INSURANCE, AMBULANCE COVER ARRANGEMENTS AND PRIVATE PROPERTY BROUGHT TO SCHOOLS**

Schools are reminded that the Department does not provide personal accident insurance or ambulance cover for students. Parents and guardians of students, who do not have student accident insurance/ambulance cover, are responsible for paying the cost of medical treatment for injured students, including the cost of ambulance attendance/transport and any other transport costs. Student accident insurance/ambulance cover policies are available from some commercial insurers, and can be obtained by parents/guardians for individual students. The Department cannot advise parents/guardians on whether to purchase a student accident policy/ambulance cover, or which policy to purchase. It is recommended that they seek assistance in this matter with their insurance broker or find a suitable personal accident insurer in the Yellow Pages or online.

Personal property is often brought to school by students, staff and visitors. This can include mobile phones, calculators, toys, sporting equipment and cars parked on school premises. As the Department does not hold insurance for personal property brought to schools and has no capacity to pay for any loss or damage to such property, students, staff and visitors should be discouraged from bringing any unnecessary or particularly valuable items to school. The Department does not accept any responsibility for any loss or damage.
**LUNCHTIME ACTIVITIES**

We are proud to offer a wide range of Lunchtime activities each term. Activities vary from term to term and include sporting, craft and recreational activities.

There are lots of great things for our students to do at lunchtimes.

**PARTICIPATION IN PHYSICAL EDUCATION AND SPORTS LESSONS**

From time to time some students are exempted from physical education and sports lessons by their parents, because “they are not the sporty type” and “don’t like sport”. Students should only be excused from participation in physical education and sports lessons if they are suffering from an injury that prevents their participation, or due to medical reasons.

If a student states that they are unable to participate in a physical education and sports lesson due to an injury or illness, they will be sent to sick bay. In line with school policy, first aid will be administered and if the student is unable to return to class, parents and / or guardians will be contacted to collect the child from school.

As a state government school, we are required to provide physical education and sports lessons for all students. *Executive Memorandum No. 764 – Physical and Sports Education in Schools* outlines the compulsory timetabling of physical and sports education for all students in government primary school and each year, as part of the school accountability process, we are required to provide information relating to the time we allocate to physical education and sports lessons.

It is important for students to wear appropriate clothing to enable full participation in physical education and sports lessons.

**HEADLICE**

- Families have the responsibility of finding and treating head lice at home.
- It’s important that families work together to beat head lice.
- Remember, children can learn to check for head lice themselves and help each other.
- Our school supports families by providing accurate information and reinforcing these messages at school.
**RITCHIES**

I encourage all parents to access a Community Benefit Card, nominating Cranbourne Park Primary School as your preferred beneficiary. Please use the card when you shop at Ritchies Supermarkets. Each time you shop at Ritchies, you will be actively contributing to your child’s education by helping us continue to provide high quality resources throughout the school.

**SCHOOL COUNCIL ELECTIONS**

An election is to be conducted for members of the School Council of Cranbourne Park Primary School. Nomination forms may be obtained from the school office and must be lodged by 4.00 pm on Monday 22 February 2016. Detailed information was sent out last week about the election. If you have any questions about our School Council, please don’t hesitate to phone the school on 59961142.

**STUDENT SAFETY WHEN WALKING TO AND FROM SCHOOL**

Parents and Guardians are reminded to discuss with their children how they remain safe when walking to and from school. It is recommended that students always where possible walk to and from school with others. In the case of strangers approaching students or following them on foot or in cars it is recommended that students walk away and immediately if they have access to a mobile phone, dial 000 and report the incident to the police. Where possible students should try and provide as many identifiable features of the stranger as possible including car registration numbers where appropriate. Students need to report such incidents as soon as possible to parents and school coordinators. The more immediate the response the more success police will have in locating these people.

**DATES TO REMEMBER:**

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<tr>
<th>Date</th>
<th>Event</th>
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<tbody>
<tr>
<td>February 22nd</td>
<td>Hot food lunch – sausage in bread/Zooper Dooper/drink</td>
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<tr>
<td>March 10th</td>
<td>Disco</td>
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<td>March 15th</td>
<td>STUDENT FREE DAY</td>
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<td>March 24th</td>
<td>End of term 1</td>
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<td>March 25th</td>
<td>Good Friday</td>
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<td>April 11th</td>
<td>Term 2 commences</td>
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<td>April 12th</td>
<td>School Photos</td>
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<td>April 18th – 20th</td>
<td>School Camp Years 3 – 6</td>
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FREE Children’s Dental Treatment
Have you received yours yet?

By now you should have received your letter of eligibility from the government about the child dental benefits schedule.

If you have a child aged between 2 and 17 (inclusive) and receive benefits such as family tax benefit A, you may be eligible.

Monash Health Dental Services is pleased to offer bulk billing for all eligible children that qualify for the Child Dental Benefits Scheme.

No additional charges apply once you have reached your cap.

GET THE FACTS
- $1000 over 2 years
- Children aged 2-17
- Bulk Billed
Call 1300 342 273 (option 3)

Berwick 28 Parkhill Drive
Cranbourne 140 -154 Sladen Street
Dandenong 122 Thomas Street
Dandenong Hospital, David St - Children Only
Kingston 400 Warrigal Road, Cheltenham
Pakenham 6B Henry Street - Children Only
Springvale 55 Buckingham Avenue

Present this coupon and get 10% OFF

- Kids Program
- Teen Program
- School Holiday Program
- Lessons
- Bush Trail Rides
- Beach Trail Rides

The best place for Kids & Teen activities this summer!
Cnr Truemans Rd & Sandy Rd, Fingal (Fy) VIC 3939
03 5988 6755 www.gunnamatta.com.au
Is your Lollipop person the sweetest?

Nominate your Lollipop person for the 2015/2016 School Crossing Supervisor of the year award.

Pick up a nomination form online at www.schoolcrossingsvictoria.com.au.

Your support of this program will help ensure your School Crossing Supervisor is shown the appreciation they deserve for their commitment to the ongoing safety of our children.

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For Students in School Years 4, 5, 6, 7 & 8 Only

TO BE HELD AT CRANBOURNE PUBLIC HALL, HIGH STREET, CRANBOURNE.
On Saturday 20th, February, 2016.
NO PASSOUTS. POLICE IN ATTENDANCE.
Parents to collect from the hall at end of Disco.
Times from 6.00 to 9.00PM
Cost $8.00 with this ticket or $10 at the door.

School Stamp.