April 30, 2015.

Aussie of the Month

**CONGRATULATIONS**

Aussie of the Month

Ariki Phillips-Kokiri is a responsible and helpful student. He goes out of his way in and out of the classroom to help other students and members of staff around the school. He often assists with school activities around the school. In class he consistently strives to be the best he can be, by producing work that is well presented and of a high standard.

Ariki can be relied upon and always makes responsible decisions, he is level headed and calm in all situations.

Date with Dad

We are delighted with the response to our first Date with Dad event. We look forward to seeing you at 5.00p.m. in the southern end of the BER for a fun filled time playing games with your children whilst enjoying a slice of pizza.
ANZAC Day Ceremony

On Saturday 25 April at 10.15a.m., a group of staff and students met at the Cranbourne Cenotaph for the RSL’s annual service. On behalf of the school community, our school captains participated in the wreath laying ceremony. Thank you to all members of our school community who attended the service.

Student Free Day

Staff spent last Tuesday working with an external consultant, Geoff Barclay on identifying school improvement projects. It was a beneficial day for all. Many thanks to the SIT team-Lee Bendon, Natasha Lloyd, Mark Nolan and Jenny Curran - for all of the hard work they put into planning for and preparing for the day.
Choir

Our choir performed at assembly for the first time on Monday. Accompanied by Miss Kops on guitar they sang “And The Band Played Waltzing Matilda”. A great effort. Well done.

Working with the Cranbourne Lions Club

Over the past year or so we have been developing a close relationship with Cranbourne Lions Club. Last year we were involved with the Lions Club’s Junior Public Speaking Competition and we began assisting them with their work by collecting used reading and sunglasses, hearing aids and stamps. Collection boxes are at the office and all donations are gratefully received.

Lions Club Junior Public Speaking Award

This year we will again be participating in the Lions Club’s Junior Public Speaking Competition. Students in grades 3, 4, 5 and 6 will be developing their public speaking skills and will be invited to compete for the positions of school Year 3 / 4 representative and school Year 5 / 6 representative. This is a great opportunity for the students and I encourage all students to consider putting themselves forward for representative selection.
Disco

**THURSDAY 21 MAY, 2015**

Mark the date in your diary now!

- Prep - Year 2, 5.30pm - 6.30pm
- Year 3 - Year 6, 6.45pm - 7.45pm
- Cost $6.00

The disco will be fully supervised by staff and **all children attending** the disco must be **current students** of Cranbourne Park Primary School. Parents / guardians are requested to drop students off at the gymnasium door and collect the students at the gymnasium door at the end of the disco. Thank you.

Mother’s Day Stall

On Friday 8 May our annual Mother’s Day stall will be held. There is an enormous range of lovely gifts from which the children will be able to choose. The gifts will be set out and there will be plenty of parents to assist the students in selecting their ideal gift. Gifts range in price from $5.00 to $15.00.

If you would like to assist at the Mother’s Day stall, please leave your name and phone number at the office with Chris.

Participation in Physical Education and Sports Lessons

From time to time students have been exempted from physical education and sports lessons by their parents, because “they are not the sporty type” and “don’t like sport”. As a state government school, we are required to provide physical education and sports lessons for **all** students.

*Executive Memorandum No. 764 – Physical and Sports Education in Schools* outlines the compulsory timetabling of physical and sports education for all students in government schools.
primary school and each year, as part of the school accountability process, we are required to provide information relating to the time we allocate to physical education and sports lessons. Students should only be excused from participation in physical education and sports lessons if they are suffering from an injury that prevents their participation, or due to medical reasons. Please provide a written note addressed to Mr. Corey Pearce should you wish your child to be exempt from sport and physical education at any time. The note must be signed and dated, and the reason and duration for exemption from sport provided. I look forward to your support in this matter.

**Breakfast Club**

Our breakfast club, Klub Makan, is available to all Cranbourne Park Primary School students. It is held Monday, Wednesday and Friday mornings in our Multi-Purpose Room and is free of charge. The breakfast club provides children with a healthy brekkie and is a positive social experience!

Breakfast club opens at 8:15am and runs until 8:50am (children will be required to stay in the multipurpose room until 8:45am).

Breakfast consists of a choice of toast and spreads, cereal and a cup of milk or juice. Klub Makan is run by Damiun Passmore, ably assisted by a team of dedicated parents.

Klub Makan operates through donations. Last year we received a wonderful financial donation from the Cranbourne Old Time Dance Club Inc. We are also very fortunate to receive wonderful support from VIEW. The members donate cereal and spreads to our breakfast club.

Students who use the breakfast club are required to pre-register. If your child is interested in joining Klub Makan please obtain a registration form from the Office and return it as soon as possible so we can organise catering! Please note that the registration form requires medical and food allergy details to be provided.

If you are interested in helping out at Klub Makan, please let us know at the office. We would appreciate your assistance.

**NAPLAN**

The National Assessment Program – Literacy and Numeracy (NAPLAN) is an annual assessment for students in Years 3, 5, 7 and 9. It has been an annual event for schools since 2008.

On Tuesday 12, Wednesday 13 and Thursday 14 May, students will take the 2015 NAPLAN tests.

NAPLAN assesses skills in literacy and numeracy that are developed over time, through the school curriculum. NAPLAN is not a pass or fail type test, but rather shows how students are progressing in numeracy and literacy skills against national standards for all Australian children. It also provides valuable information that allows schools and governments to better target effort and support to help all students achieve their potential and acquire the basic skills to help them build successful and happy lives.

All students are expected to participate in the tests. Exemptions may be granted to students with significant intellectual disabilities and to students who have been learning English for less than one year. If your child is eligible for support due to disability or an exemption, you should discuss this with his/her teacher prior to the tests. Parental consent is required before any support due to disability or exemption is granted. Students may be withdrawn from NAPLAN by their parent or carer. This is a matter for consideration by parents and carers in

---

**Klub Makan**

Klub Makan operates through donations.

Breakfast consists of a choice of toast and spreads, cereal and a cup of milk or juice. Klub Makan is run by Damiun Passmore, ably assisted by a team of dedicated parents.

Klub Makan operates through donations. Last year we received a wonderful financial donation from the Cranbourne Old Time Dance Club Inc. We are also very fortunate to receive wonderful support from VIEW. The members donate cereal and spreads to our breakfast club.

Students who use the breakfast club are required to pre-register. If your child is interested in joining Klub Makan please obtain a registration form from the Office and return it as soon as possible so we can organise catering! Please note that the registration form requires medical and food allergy details to be provided.

If you are interested in helping out at Klub Makan, please let us know at the office. We would appreciate your assistance.
consultation with the principal. If, after consultation, you decide to withdraw your child, you must sign a Student Withdrawal form. These forms are available at the school. For information about participation in NAPLAN, you can go to: http://www.nap.edu.au

NAPLAN tests fundamental skills rather than specific content, and as such is not a test for which students can study or drill. The best way you can help your child prepare for NAPLAN is to let them know that NAPLAN is just one part of their school program, and to urge them to simply do the best they can on the day. The use of services by coaching providers is not recommended.

An individual student NAPLAN report will be issued by the school later this year. Parents can use this information to monitor how their child is progressing and to identify any areas of concern. Parents may also wish to use their child’s results to discuss progress with teachers.

**Headlice**

Thank you to all of those members of our school community who have continued to be vigilant in regularly checking (and treating when required!) their children’s hair for head lice. Following is some information about head lice.

**About head lice**

Head lice have been around for many thousands of years. Anyone can get head lice and given the chance head lice move from head to head without discrimination.

- Head lice are small, wingless, blood sucking insects.
- Their colour varies from whitish-brown to reddish-brown.
- People get head lice from direct hair to hair contact with another person who has head lice.
- Head lice do not have wings or jumping legs so they cannot fly or jump from head to head. They can only crawl.

**Finding head lice**

Lice can crawl and hide. The easiest and most effective way to find them is to follow these steps:

**Step 1**
Comb any type of hair conditioner on to dry, brushed (detangled) hair. This stuns the lice and makes it difficult for them to grip the hair or crawl around.

**Step 2**
Now comb sections of the hair with a fine tooth, head lice comb.

**Step 3**
Wipe the conditioner from the comb onto a paper towel or tissue.

**Step 4**
Look on the tissue and on the comb for lice and eggs.
Step 5
Repeat the combing for every part of the head at least 4 or 5 times

If lice or eggs are found, the child's hair should be treated.

Head lice eggs are small (the size of a pinhead) and oval. A live egg will 'pop' when squashed between fingernails.

*The Life Cycle of Head Lice*

1. Egg is laid on hair shaft. Egg is called a 'nit'.
2. Louse emerges after 6-7 days.
3. First moult 2 days after hatching.
4. Second moult 5 days after hatching.
5. Third moult 10 days after hatching.
6. Emerging from their third moult as adult lice, the female and slightly similar male begin to reproduce.
7. Female lays first egg 1 or 2 days after mating.
8. Female can lay approximately 3 to 8 eggs per day for the next 16 days.
9. Having lived 32 to 35 days the louse dies.

*Treating head lice*

- Concentrate on the head - there is no evidence to suggest that you need to clean the house or classroom.
- **No treatment kills all of the eggs** so treatment must involve two applications seven days apart.
- If you are using lotions, apply the product to dry hair.
- There is no need to treat the whole family, unless they also have head lice.
- Only the pillowcase requires specific laundering; either wash it in hot water (at least 60 degrees centigrade) or dry it using a clothes dryer on the hot or warm setting.
• There is no product available that prevents head lice. Using the conditioner and comb method once a week will help you detect any head lice early and minimise the problem. Tying back long hair can help prevent the spread of head lice.

• Combs with long, rounded stainless steel teeth positioned very close together have been shown to be the most effective, however, any head lice comb can be use.

Many people find that adding a few drops of lavender essential oil and / or tea tree essential oil to your normal shampoo and conditioner is an effective preventative measure. Give it a go if you’re having trouble with head lice.

**The Long-Term Effects of Skipping Your Reading Homework**

*By Pamela DeLoatch on April 14, 2015* @pameladel

When elementary school students have math worksheets to fill out, spelling tests to study for, after school activities to participate in, and chores to finish, it’s no wonder that the standard daily reading homework assignment can fall to the wayside. It may seem like a small concession necessary to prioritize a busy life. After all, parents may reason, their child can catch up on reading over the weekend, over the summer, or during a less hectic time. But the effects of regularly skipping that reading homework can have long-term effect on a child’s life.

**Reading Really is Fundamental**

No one is going to debate the importance of being able to read in order to learn and navigate through life. But reading provides many surprising and important additional benefits

**Reading makes kids better at math.** A British *study* found that students who frequently read for pleasure not only had better vocabulary and spelling—which is to be expected—but that those students were *also* more proficient at math. The theory is that reading exposes students to new ideas, which may make new math concepts easier to comprehend.

**Reading fiction helps children be more empathetic.** The University of Buffalo *found* that students who read novels could put themselves into other people’s situations more easily, and had increased compassion.

**Reading can boost self-esteem and communication skills.** One education *provider* says that since students who read usually have an enhanced vocabulary, they can often find the words to express themselves and do not feel as frustrated and angry.

**Reading changes the structure of the brain.** In a six-month daily reading *program*, scientists found that the amount of white matter in the area of the brain associated with language actually increased. Another *study* found that reading helps the brain exercise cognitive function.

**What Happens When Kids Skip Reading**

This infographic, an oldie but goodie from Perry and Lecompton School District, quantifies the long-term difference between regular, periodic and infrequent reading. This is a great graphic to share with parents to help them get on board with your daily reading assignment. It’s worth sharing with students, too. The graphic format really emphasizes how important reading is.
Ways to Make Reading an Enjoyable Habit for Students

With all of the lifetime upsides that come from reading, how can teachers and parents help kids develop a habit of daily reading?

Start with a mini habit. In his book “Mini Habits,” Stephen Guise suggested starting a new habit with a small change that can easily be accomplished. His example? Doing one push up as the start of an exercise program. Once you’ve finished one push up, you’re likely to do at
least one more. Then the next day, knowing how easily you accomplished the task before, you’re more likely to do it again. With reading, perhaps set a limit at two or three minutes, then gradually adding a minute at a time. Longer periods of reading are obviously preferred, but reading consistently, over a period of time, is an effective way to create that habit.

**Add variety to reading.** For reluctant readers, or even those who need a change, use different forms of reading sources, not just books. Magazines, newspapers, graphic novels, recipes, audio books and online reading can add a new dimension of skill and enjoyment.

**Model reading.** Share your love of reading with your class. Tell them about some of your favorite books when you were young and let them see what books you are currently reading. Keep in mind the benefits reading offers adults, such as providing stress relief, decreasing the likelihood of developing Alzheimer’s, and boosting analytical thinking.

**Make reading assignments positive.** Avoid making kids read as punishment. Scholastic.com says that to foster a love of reading, let students see that reading isn’t a chore, a competition, or a test.

**Read aloud to the class.** No matter what the age of your students, give them the chance to form pictures in their heads as you read to them.

**Have students read to others.** Have students read to a parent, a younger sibling, a pet or a stuffed animal. Ask students to report back on how the listener reacted to the story (yes, even the inanimate ones).

**Build reading time in your classroom every day.** Help students develop the habit by consistently setting aside a few minutes a day for your class to relax with a book. Once they realize you think reading is important, they’re more likely to think it’s important too.

**What This Means for Teachers**

Regular reading provides significant life-long benefits. Help your students reap these advantages by encouraging their love of words. Life can get hectic, even for our youngest students, but helping them form a daily reading habit really can make a huge difference.
Parents Victoria Online Conference 2014-2015 (Part 2)
Monday 18 May to Thursday 21 May 2015

Register for this event, at no cost, at: http://www.straighttothepoint.co/pv/register/.

PARENTS from all Australian states and territories, and from countries beyond Australia, are warmly invited to participate in the second half of the Parents Victoria Online Conference 2014-2015. The conference will be held entirely on the internet and there is no cost for participation.

Conference program

Six topics, with associated message boards, will run for four days:

**ACCESS TO EDUCATION.** What has been the greatest impact on your family getting your children back to school this year? Possible examples: cost of uniforms, BYOD, no EMA, location of school, moving schools.

**PARENT CLUBS.** Is there still a role for parent clubs/associations in schools? Does your school have a club? If not how is the parent voice heard? How can schools encourage parents to get involved? How can we ensure that parent groups are representative of the school community?

**SOCIAL MEDIA.** We often hear only the negative side of social media use, what are the positives? How is social media being used in your school? Do the students use it? Does your parent group have a Facebook page? Jump on board and leave your thoughts about the use of social media in the school environment.

**ONLINE REPORTING.** Many schools are moving to online reporting. What do you think about this change? How do you receive your child’s report? Do school reports provide you with the information you want and need to monitor your child’s progress at school? What could be improved?

**FUNDING EDUCATION.** What should the Government pay for? What, when and how should assistance be provided for disadvantaged students?)

**ADDITIONAL OPEN FORUM & CAREER & PATHWAYS GUIDANCE.** An extra discussion message board has been provided to give you an opportunity to raise other education issues you believe are also important. If you choose to start a new thread, please add an appropriate subject heading so other participants can follow the discussion. For those of you who wish to express an opinion on Careers & Pathways Guidance, which has emerged as an area of concern, the following questions might be considered: Are our children being
given enough advice and guidance about their possible careers and the pathways that lead to these careers? What more could schools do to assist students eventually realise their full potential in the employment market?

*Note: There is no need to re-register if you already registered to take part in the October 2014 section of the online conference.*

To view the first half of the online conference (from October 2014), please log on to: [http://www.straighttothepoint.co/pv/conf14-15/program/](http://www.straighttothepoint.co/pv/conf14-15/program/)

* You may need to ‘cut and paste’ this website address into a browser.

The conference will run continuously, with message boards open from 6am to 11pm, for four days, until 11pm on Thursday 21 May. The online conference will feature six moderated online discussions, each of them hosted, at different times, by a member of Parents Victoria and/or special guests from the Department of Education and Training (DET) and different associations. Messages posted between 11pm and 6am may not appear until the following day.

I look forward to meeting all of you online soon, to discuss these important issues. The more of you join in and make a comment, the more successful this event will be.

Best wishes,

Debra J. Crouch
Online Conference Manager
E: debrajoycrouch@gmail.com

Conference protocol

* Please note: In the interests of courtesy and privacy, the name of your child, your child’s school, and names of school staff (or identifying details) should not be entered on to the message boards. Please refer to your own context as ‘My child’s school’, ‘My local area’, ‘My child’s teacher’, and so on. Please email Parents Victoria at: office@parentsvictoria.asn.au should you wish to discuss private, parent-related issues in more detail.

* Debra J. Crouch, from ViVID Word and Image Design provides overall project management, design and creative management, and editorial management for annual online conferences held by Parents Victoria.

**Dates to Remember:**

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>May 4th</td>
<td>Special Morning Tea</td>
</tr>
<tr>
<td>May 5th</td>
<td>Responsible Pet Program F – 2</td>
</tr>
<tr>
<td>May 8th</td>
<td>Mothers Day Stall</td>
</tr>
<tr>
<td>May 14th</td>
<td>Cranbourne Library visit – Foundation students</td>
</tr>
<tr>
<td>June 3rd – 5th</td>
<td>Camp – Grade 3 – 6</td>
</tr>
</tbody>
</table>