



#### Newsletter

Respect for self, others, learning and environment.

### From the Principal's Office...

From the Principal...

We are over halfway through Term 1 already! Where has the time gone?? This year is a BIG year for our school with lots of planning underway to make sure students have every opportunity to succeed.

#### CAMP

Students in years 3, 4, 5 and 6 have the opportunity to attend camp this year. Camp Allambee (<a href="https://www.allambeecamp.com.au/">https://www.allambeecamp.com.au/</a>) is an outdoor education camp with a wide range of activities including abseiling, giant swing, archery, orienteering and the flying fox. This will be a fantastic opportunity for students and we encourage all families to speak to the office about attending. The deposit is due by 27th March.

#### **SCHOOL LEADERS**

Welcome to our School Captains and Leaders. At the end of last year, students applied for a school leadership role and they met with the leadership team early this term for their interview. Students shared their vision of the school, what the role meant to them and what they would contribute towards Cranbourne Park in 2024. We are proud to introduce our leaders for this year:

School Captains: Kymani De Thierry & Hailey Franzi

Student Leaders: Jackson Evelyn Liardet, Kasie Knowels & Dyllan Wheeldon

Mr Ballard will be working with these students throughout the year to develop their leadership skills and their contribution to school life and self-growth.

#### NAPLAN

Next week, students in years 3 and 5 begin the National assessments. These tests will be conducted online for all tests except year 3 writing which will be completed on paper. Students are encouraged to complete all questions in the allotted time. Please speak with the classroom teacher if you have any concerns before the tests begin next Wednesday.

#### **EASTER RAFFLE**

Tickets have been sent home for the Easter raffle. Please return the tickets and money to the office. The more tickets you have, the greater the chance of winning! Easter raffle prizes will be drawn at the picnic on the last day of term 1, make sure you attend to take your chocolates home!

Term 1 has started off with great success, we look forward to another great year where our students can reach their full potential through our structured and supportive environment. Please reach out to the school if you have any concerns.

Ross Carlson

#### Inside this issue:

Physical Education Pg 3-4 Visual Arts Pg 5-6 Life Skills Pg 7-8 STEM Pg 9 Reminders Pg 6 Community News Pg 7-9

#### **Dates to Remember**



**Wednesdays Until Labour Day** Prep students rest day

Monday March 11, 2024

Labour Day Public Holiday. No Students Required at school

Tuesday March 12, 2024
Preps attend school full time.

#### Did you know...



Did you know that some animals and insects do not have a backbone? These animals are known as invertebrates. Some invertebrates are lucky enough to have an exoskeleton that protects their bodies from harm. An exoskeleton cannot grow and once the animal becomes too big the exoskeleton must be shed. A new one must now be grown in its place.



#### **Cranbourne Park Primary**

School is a SunSmart school and hats are compulsory during Term 1. Students without a hat will have to stavundercover during recess times. Hats are available for sale from the school office for \$5.

## Student Leaders







## STUDENT LEADERSHIP TEAM





## Physical Education PE



#### Physical Education at CPPS

We welcome Miss Baxter to Health & Physical Education at Cranbourne Park Primary School for 2024.

All HPE classes aim to help students develop skill and confidence, maintain physical fitness, learn about personal health and wellness, and demonstrate positive social skills.

#### Term 1 Physical Education/Sport

Prep- This term we introduce the students to basic movement skills such as run/walk/hop/skip/jump, balancing on one foot and walking heel toe. They are given time to individually play with beanbags and hoops. They are taught ball handling skills-catch, kick, rolling and stopping and throwing as well as simple rules and fair play through a mixture of skills sessions and playing small games.

- Year 1 This term the students continue refining and further developing ball handling skills such as throwing, catching, rolling, stopping, bouncing and kicking through the use of skills sessions and simple games such as tunnel ball, poison ball, kick ball, keepings off and modified basketball. We also focus on improving their basic movement skills such as running, skipping, hopping and jumping.
- Year 2 This term the students continue refining and further developing ball handling skills such as throwing, catching, rolling, stopping, bouncing and kicking through the use of skills sessions and simple games such as tunnel ball, poison ball, kick ball, keepings off and modified ball games. We also focus on improving their basic movement skills such as running, skipping, hopping and jumping.
- Year 3 This term the students focus on their fitness levels, improving their ball handling skills such as dribbling, throwing, catching, and participating in cooperative games and activities. They are introduced to the sport specific skills. They begin to discuss the rules of these games and the best way to play as a team.
- Year 4 This term the students focus on their fitness levels, improving their ball handling skills such as, throwing, catching, two handed strike and participating in cooperative games and activities. They are introduced to the sport specific skills of newcombe, netball, soccer, AFL and t-ball. They begin to work on strategies involved when playing team sports.
- Year 5 -This term the students are introduced to the sport specific skills of newcombe, netball, soccer, AFL and t-ball. They aim to increase their fitness levels through a variety of activities, games and circuits. They are involved in playing team sports and learning the importance of fair play, rules, team work and cooperation.
- Year 6 -This term the students are introduced to the sport specific skills of Newcombe, netball, soccer, AFL and t.ball. They aim to increase their fitness levels through a variety of activities, games and circuits. They are involved in playing team sports and learning the importance of fair play, rules, team work and cooperation.

# Physical Education PE









P.E









## Visual Arts



Mrs. Emma Cope is excited to be teaching Visual Arts this year. We will be learning about the following 7 areas of art; drawing, collage, painting, threading and textiles, printmaking, construction and modelling.

The children will cover the following in Art lessons throughout the year:

#### Prep

Prep students will be introduced to the art room routine. We will be having lots of fun with different sensory experiences and develop our drawing and artistic skills in the above mentioned areas. At the beginning of each art session we will read a story that relates to the art activity that we will be undertaking. Students will work in groups and independently to create their masterpieces.

#### **Years 1 - 2**

Students in Grades one and two will focus on developing their artistic skills in the above mentioned art areas. We will be focusing on using line to add detail to our drawings and the art elements of colour, shape, texture and form. We will be looking for inspiration from both local and international artists.

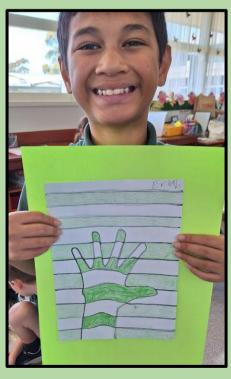
#### **Years 3 - 4**

Students in Grades three and four will be increasing their understanding of the 7 areas of art while being exposed to new artists and experiences in the art room. We will discuss various artists' works and how we can use this art to inspire our own creations. Students will work independently and in groups to complete artworks that will be displayed around the school for all to admire.

#### **Years 5 - 6**

Students in Grades 5 and 6 will be working together to create some large artworks that will be proudly displayed around our school. All students will be encouraged to be creative and make their art pieces their own individual style. I will model the skill that I want students to learn and then they will have the freedom to use this skill to be creative and make their own individual art piece.







## Visual Arts

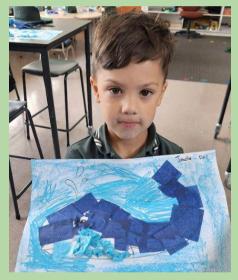




















## Life Skills Overview



We welcome Mrs Sue Chatterjee into a new role as our Life Skills specialist teacher this term!

In Term 1, students are learning about emotions and how emotions can affect their learning, they are learning how to regulate their emotions by learning a range of coping strategies. Students will be learning about the Zones of Regulation and how to identify their emotions. They will learn to choose appropriate coping strategies that can help them remain calm, happy and ready to learn.

Students will cover the following in Term 1:

#### **Prep**

Prep students will be locating class displays and Auslan signs for Toilet, Tissue, Drink, Thank you, yes and no and make accurate hand movements to represent these three signs. They will be introduced to AUSLAN colours for zones and match basic emotions to each zone.

They will develop a vocabulary and practise the expression of emotions to describe how they feel in different social situations. They will also learn how to go back to the green zone along with the coping strategies.

#### **Years 1 - 2**

The students in grade 1 and 2 will participate in activities and discussions designed to help them recognise when they are in each of the different Zones as well as learn how to use strategies to change or stay in the Zone they are in.

They will extend their vocabulary through which they will recognise and describe emotions and when, how and with whom it is appropriate to share.

#### **Years 3 - 4**

Students in Grades three and four will identify basic emotions to match the zones and also explain why they need to use the ZOR in social situations. They will identify the size of the problem which affects their emotions in each zone Small vs Big.

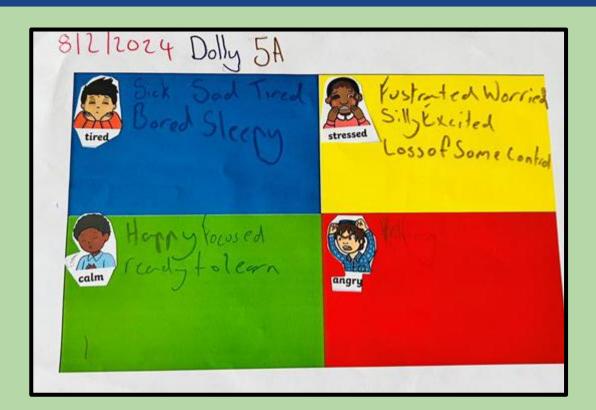
They will Identify and explore the expression of emotions in social situations and the impact on self and others.

#### **Years 5 - 6**

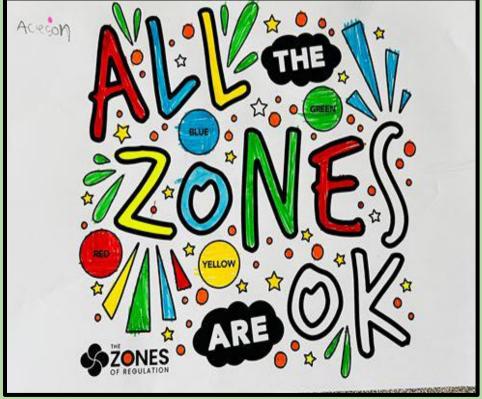
Students in grades 5 and 6 will focus on how the zones of regulation impacts emotions and behaviour. They will also be learning and discussing the triggers which will transit them into the red zone from yellow and use emotional regulation, coping strategies and resets that will help to get back to the green zone.

They will explore the links between their emotions and their behaviour.

# Life Skills - Zones of Regulation School







## STEM Update



#### STEM - NEWSLETTER

This term in STEM students across all levels have been consolidating their skills while also preparing for Term 4. The level of improvement has been very positive to see and I can't wait to see what students are going to do next.

Our lower years students have been fine tuning their basic computer skills and knowledge using a variety of program. From GCompris, to Microsoft Word to code.org. The lower years have been practising their typing skills so in the future they are masters at logging in, typing their name and using programs independently.

The middle years have been beginning their introduction journey to coding. This is a fundamental skill to becoming a STEM Master and the students have been given an insight into just what they can do going forward. Code.org has allowed them to play games, complete challenges and all other kinds of fun activities.

Our higher years students have consolidated their coding skills and now finishing the term on a research based project. They are researching an animal of their choice using Microsoft PowerPoint. Using features such as headings, backgrounds, images and animations they will soon showcase their amazing presentations.

#### Mr Menheere







# Reminders

### Mark your Calendars!

Monday March 11, 2024: Labour Day Public Holiday

Reading Matters.
Attendance Matters.
At school and on Time
every child, every day



100	1 or 2 days a	week doesn't see	m much but	
If your child misses	That equals	Which is	And over 13 years of schooling that's	Which means the best your child might perform is
1 Day per fortnight	20 Days per year	4 weeks per year	Nearly 1.5 years	Equals to finishing in grade 11
1 Day per week	40 Days per year	8 weeks per year	Over 2.5 years	Equals to finishing in grade 10
2 Days per week	80 Days per year	16 weeks per year	Over 5 years	Equals to finishing in grade 7
3 Days per week	120 Days per year	24 weeks per year	Over 8 years	Equals to finishing in grade 4

### **EVERY MINUTE COUNTS ...**

Lost minutes mean lost learning!

When your child misses just	that equals	which is	and therefore, from Prep to Year 12, that is
10 minutes a day	50 minutes of learning time each week	Nearly 1½ weeks per year	Nearly 1/2 year of school
20 minutes a day	I hour and 40 minutes of learning each week	Nearly 2½ weeks per year	Nearly a year of school
1/2 an hour a day	½ a day of learning each week	4 weeks a year	Nearly 1½ years of learning
1 hour a day	1 whole day of learning each week	8 weeks per year or nearly a term a year	Over 2½ years of learning





What we

We are a free and confidential service that provides ongoing support by appointment. We offer telehealth (phone and video) services in addition to face to face counselling.

Who we support

#### Youth Counselling

 Individual counselling for young people aged 13 - 25

#### **Parent Support Sessions**

 Adolescent parenting skills, strategies and mental health information

#### **Parent Assisted Therapy**

• Support for young people aged 10 - 12 with the participation of their parent or guardian

How to commence

For more information or to request a service: Call 9792 7279 to speak to an intake worker or Text 0417 347 909 with your name and number









At Cranbourne Secondary College we are a respectful, responsible, learning community.



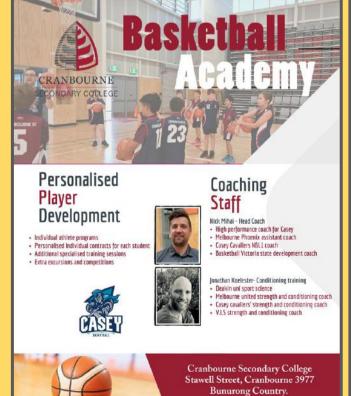
## Join us on our Open Evening Wednesday 20 March 2024



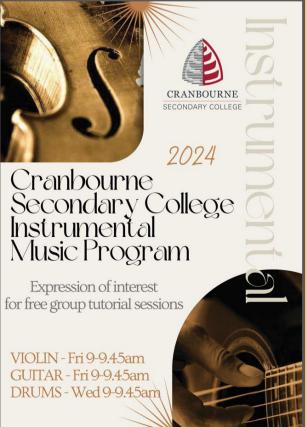
Open classrooms from 5.30 pm Information session 6.00 pm Scavenger Hunt to go into a draw to win a \$500 school voucher\*

Stawell Street, Cranbourne 3977
www.cranbournesc.vic.edu.au | 03 5996 3544 | cranbourne.sceeducation.vic.gov.au

\*To be spent at Cranbourne Secondary College



(03) 5996 3544 ww.cranbournesc.vic.edu.au















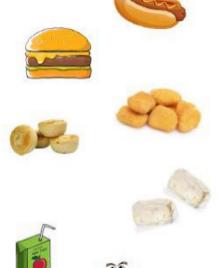


## Friday lunch orders

HOT FOOD		
Hot Dog	\$4.00	
Chicken Burger	\$4.00	
Cheeseburger	\$4.00	
Party Pie	\$1.00	
Party Sausage Roll	\$1.00	
Mini Spring Roll	\$1.00	
Dim Sim	\$1.00	
Chicken Nugget	\$0.50	

DRINKS				
Chocolate Milk	\$1.50			
Strawberry Milk	\$1.50			
Apple & Blackcurrant Juice	\$1.00			
Apple Juice	\$1.00			
Orange Juice	\$1.00			
and the state of t				

OTHER ITEMS	
Tomato Sauce	\$0.30
Soy Sauce	\$0.30
Paper bag	\$0.20







Please place your child's order, name and grade on a brown paper bag and give to the office by 9.30am every Friday morning.

#### **Friday Lunch Orders**

Are you thinking of having a lunch order on Friday? There are some simple steps to placing an order:

- 1. Write your name and class on a lunch order bag.
- 2. Note down the items you would like to order along with the price per item.
- 3. Add the prices up and write down the total on the lunch bag.
- 4. Put the money in the bag/envelope or pay by Eftpos at the school office.
- Hand your lunch order in at the office when you arrive at school.

If you cannot hand it in on Lunch Order day, please hand it in the day before.