



Strategies to assist children who have experienced trauma

For Parents, Carers and Volunteers

Presented by Kylie Levett and Mim Livingston

This workshop is going to share insights on

- Window of Tolerance
- The importance of self-regulation and co-regulating with your children
- The importance of connection and the circle of support
- How to maintain that parent and child relationship during the healing and repair process.
- Love languages and how to use them to connect and strengthen relationships

When: Wednesday 17 November 2021

Where : Online via Zoom

Time: 6:30pm- 8pm

Register at:

https://us02web.zoom.us/webinar/register/WN_mWw4Xuf4RTiqmIkFgmkMFg



Queries:

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