



PARENTS BUILDING SOLUTIONS ONLINE

FREE - interactive sessions for parents, step-parents, grandparents and carers living in the Southern Region

Join us online to share experiences and ideas, and learn strategies to support your child/ren. Attend one or both sessions

Monday 1st March 2021 1.00-2.30pm
ENCOURAGING GOOD BEHAVIOURS

- Practical ideas to encourage the behaviours you want to see in your child.

Monday 15th March 2021 1.00-2.30pm
DEALING WITH FEELINGS

- Struggling with your child's temper tantrums?
- What can parents do to calm the storm?

ZOOM Platform

You will need access to a computer, laptop, tablet or smartphone and an internet connection. Support to access Zoom is available

BOOKINGS AND ENQUIRIES

Sandra Phillips at ParentZone
Call / text 0447 500 355 or email
sandra.phillips@anglicarevic.org.au

PARENTZONE